**Article**

**Title** [insert FULL TITLE here]

[insert AUTHORS here; FIRST name, MIDDLE name, LAST name with preferred DEGREE (one only)]

[insert AFFILIATIONS here, with full adddresses]

Corresponding author: [including email and telephone details]

[Note: Articles are limited to 3000 words (for manuscript text only), with an abstract and up to 30 references]

[Text formatting rules:

* Type a single space at the end of each sentence
* Do not use bold face for emphasis within text
* Use a comma before the final "and" or "or" in a list of items
* Type decimal points midline (ie, 23·4, not 23.4). To create a midline decimal on a PC: hold down ALT key and type 0183 on the number pad, or on a Mac: ALT shift 9
* Numbers one to ten are written out in words unless they are used as a unit of measurement, except in figures and tables
* Use single hard-returns to separate paragraphs. Do not use tabs or indents to start a paragraph
* Do not use the automated features of your software, such as hyphenation, endnotes, headers, or footers (especially for references). You can use page numbering]

**Abstract**

[insert ABSTRACT here; no more than 300 words, structured as below]

Background:

Methods:

Findings:

Interpretation:

Funding:

[for randomised trials, adhere to [CONSORT extensions](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(07)61835-2/fulltext)]

**Introduction**

[insert TEXT here; a good introduction will be about one page of text, clearly state the problem, introduce relevant literature, note any controversies, and present the aim or hypothesis in the last paragraph; example reference format using Endnote: 1]

**Methods**

**Results**

**Discussion**

[Put your research into context: see [here](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(10)61001-X/fulltext). Provide a panel (as below) explaining in brief how you arrived a the bottom line message]

**Panel: Research in context**

*Systematic Review*

This section should include a description of how authors searched for all the evidence. Authors should also say how they assessed the quality of that evidence — i.e., how they selected and how they combined the evidence.

*Interpretation*

Authors should state here what their study adds to the totality of evidence when their study is added to previous work.

**Conclusions**

[Should be brief and clearly state how the findings of the study relate to the underlying aims/hypothesis and the implication of the research]

**Acknowledgements**

[funding sources should not be included here or in the manuscript file, only during manuscript submission]

**References**

[we recommend using citation management software, such as Endnote; for an excellent free alternative see [Mendeley](http://www.mendeley.com/)]

1. Carillo GA, Caballero GB, Carretero MA. The Earth-Heart sign: a new diagnostic finding in a patient with tension pneumomediastinum. *Lancet* 2014; **383**(9915): 486.

**Figure legends**

**Figure x.** [listed one after another]

**Tables**

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